

Currituck County Senior Services July Menu

We are offering a **Drive-up meal service** on Mon/Wed/Fri at the Barco location at 12:30!
We are offering **In-House Congregate service** on Mon/Wed/Fri at ALL locations at 12 Noon!
You must be 60 years of age and be a Currituck County resident.

Pick up/in-house meals require a 2-day advance reservation and restrictions do apply.

<u>Date you want to eat:</u>	<u># of Meals Rec.</u>	<u>Food:</u>	<u>Call By:</u>
<u>Fri.2nd</u>	(1 hot Fri)	<u>Smoked Sausage on Bun, Baked Beans, Baked Apples, Pudding & Milk</u>	<u>Wed. June 30th 10AM</u>
<u>Mon. 5th</u>	<u>CLOSED – NO Meals</u>		
<u>Wed. 7th</u>	(1 hot Wed/1 cold Thurs)	<u>BBQ on Bun, Coleslaw, Buttered Potatoes, Fresh Fruit & Milk Turkey Club, Broccoli Salad, Pineapple, Graham Crackers & Milk</u>	<u>Fri. 2nd 10AM</u>
<u>Fri. 9th</u>	(1 hot Fri)	<u>Hamburger Steak, Brown Rice, Lima Beans, Fresh Fruit, Roll, Brownie & Milk</u>	<u>Wed.7th 10AM</u>
<u>Mon. 12th</u>	(1hot Mon/1 cold Tues)	<u>Cheeseburger, Green Beans, Pears, Apple Crisp, Milk & OJ Chicken Salad, Pasta Salad, Pickled Beets, Crackers, Cake, Milk & OJ</u>	<u>Fri. 9th 10AM</u>
<u>Wed. 14th</u>	(1 hot Wed/1 cold Thurs)	<u>Pork Chop, Potatoes Au Gratin, Succotash, Strawberries, Cornbread, Cookie & Milk Chef Salad w/Ham, Potato Salad, Pita Bread, Jell-O, Milk & OJ</u>	<u>Mon. 12th 10AM</u>
<u>Fri.16th</u>	(1 hot Fri)	<u>Baked Turkey Breast, Cooked Carrots, Baked Apples, Brown Rice, Roll, Pudding & Milk</u>	<u>Wed. 14th 10AM</u>
<u>Mon. 19th</u>	(1 hot Mon/1 cold Tues)	<u>Spaghetti, California Blend Veggies, Fresh Fruit, Bread Stick, Pudding & Milk Tuna Salad on lettuce, Three Bean salad, Marconi Salad, Crackers, Cookie, Milk & OJ</u>	<u>Fri. 16th 10AM</u>
<u>Wed. 21st</u>	(1 hot Wed/1cold Thurs)	<u>Meatloaf, Brown Rice, Lima Beans, Fresh Fruit, Roll, Brownie & Milk Ham Sub, Marinated Cucumbers & Onions, Pineapple, Graham Crackers & Milk</u>	<u>Mon. 19th 10AM</u>
<u>Fri. 23rd</u>	(1 hot Fri)	<u>Chicken Breast, Broccoli & Rice Casserole, Fresh Fruit, Bread, Cake & Milk</u>	<u>Wed. 21st 10AM</u>
<u>Mon. 26th</u>	(1 hot Mon/1 cold Tues)	<u>Lasagna, California Blend Veggies, Garlic Bread, Milk & OJ Chef Salad w/Turkey, Marconi Salad, Strawberries, Crackers, Cookie, Milk & OJ</u>	<u>Fri. 23rd 10AM</u>
<u>Wed. 28th</u>	(1 hot Wed/1 cold Thurs)	<u>BBQ Chicken quarter, Mac & Cheese, Peas, Fresh Fruit, Corn Muffin & Milk Chicken Salad, Pasta Salad, Pickled Beets, Crackers, Cake, Milk & OJ</u>	<u>Mon. 26th 10AM</u>
<u>Fri. 30th</u>	(1 hot Fri)	<u>Smoked Sausage on Bun, Baked Beans, Baked Apples, Pudding & Milk</u>	<u>Wed. 28th 10AM</u>

****Voluntary Donations are being accepted/envelopes provided****