



## HOW TO BE A 4-H VOLUNTEER

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There are many opportunities for volunteering in 4-H. Some possibilities include:

- Leading a club
- Teaching youth
- Teaching adults
- Coaching youth on presentations
- Serving on committees
- Writing news articles
- Organizing events and activities
- Making displays
- Chaperoning overnight trips
- And many others

People volunteer for 4-H for many reasons. One obvious benefit for parents is spending time with and being a positive role model for their children. Other benefits volunteers say they enjoy are:

- enhanced self esteem
- leadership skill development
- job related skill development
- social opportunities

Volunteers helping volunteers is what makes the 4-H volunteer network across North Carolina strong.

The process for becoming a volunteer is quite simple. It goes like this:

1. Fill out the attached application form.
2. Read and sign the North Carolina 4-H Volunteer Standards of Behavior Guidelines.
3. If you need assistance filling out this form, contact the County Extension Office.

What the Cooperative Extension Service agrees to provide you are:

1. A suitable and meaningful job description.
2. Orientation and training to perform the role.
3. Involvement in planning and decision making.
4. Opportunities for personal growth.
5. Feedback on performance.
6. Recognition for contributions.

To make a strong partnership, it is important that we have as much information as possible about you. This will help us find meaningful roles for you to fill and will help us maximize your strengths. Please complete the following application with care and understanding. All information given will be kept in a confidential file.