

CURRITUCK PARKS & RECREATION
PICKLEBALL OPEN GYM NIGHT

When: Thursday Nights starting on July 9, 2015 from 6:30pm-9:30pm

Where: Currituck Community Center (Parks and Recreation Gymnasium)

Who: All Currituck County Residents 18yrs and up, Beginners to Advanced

Description: Pickleball

The Currituck County Parks and Recreation Department invites you to come be a part of one of the fastest growing sports in the country.

Pickleball is a sport described as “a combination of ping-pong, tennis, and badminton”. It is being played in schools, parks, recreation centers, camps, and many retirement communities.

Pickleball is FUN by all accounts. It is a great workout that provides a very social yet competitive athletic contest.

Pickleball is typically played on a badminton court with the net that is lowered to 34 inches in the middle. Players use a baseball sized whiffle ball and a paddle, similar to a large ping-pong paddle, to volley the ball back and forth to score on the opposing team.

People of all ages and skill levels enjoy playing pickleball.

Pickleball is easy to learn. After a few minutes of instruction a beginner can enjoy a game with a more experienced player. Try it one night and you will surely be back to play again.

Pickleball is a fantastic way to exercise and spend time with friends and family. Pickleball is beyond a game or a hobby – IT’S ADDICTIVE!

For more information, contact Currituck County Parks & Recreation at 252-232-3007.